by Mary Ellen Ellsworth

SPRING VOLUNTEER DAY: MAY 3, 2014, starting at 9:00 a.m.

Rain date: May 4, 2014

Please join us as we prepare our community park for the summer months. Lunch will be provided for all

who pitch in!

THE DAY CAMP AT CRYSTAL POND: JULY 7 through AUGUST 8, 2014

Five weeks of fun and learning for area youngsters—Red Cross Swimming Instruction, Arts and Crafts, Group Games, Special Events. Contact: daycampatcrystalpond@gmail.com.

HATHA YOGA: 8 weeks, beginning MAY 5, 2014. MONDAYS, 6:30 TO 7:30 p.m.

The Nahaco Dining Hall. Pay as you go---\$5 per class.

Questions? sogo618@charter.net

EASTFORD HERITAGE DAY: JUNE 14, 2014. Pot Luck Dinner--5:00 TO 8:00 P.M.

At the Nahaco Dining Hall, in honor of Eastford's Volunteer Fire Company.

Bring a dish to share, and join family and friends to say "thank you" to our Fire and Rescue volunteers!

EASTFORD CONSERVATION COMMISSION "WALK AND TALK" AT NAHACO PARK: JUNE 21, 2014

"AQUATIC ORGANISMS." Led by Deb Lee and Ralph Yulo. Join us for fun and learning.

Rain date: June 22, 2014.

Check out the Nahaco Park link on the Eastford and Woodstock Town Web Pages!

Become a Nahaco Park Commission affiliate! If you love walking and hiking, picnicking, canoeing, swimming or just being in the woods, or at Crystal Pond, please let your Select Board and your Nahaco Commission members know. Your enthusiasm and support, and your ideas, will help improve our Park. We have one Commission vacancy for a Woodstock member now, and we are always looking for additional individuals to join us in our work. Thanks!

Sam Asikainen Beach Baywood Mary Ellen Ellsworth Tom Hawkins Gary Kendrick Chuck Lee Philippa Paquette Tony Perreault

Missy Vincent